



*Catherine Place is many things to many women:
a gathering place ... a safe haven ... an urban center for personal and spiritual growth ...
a home for the healing arts ... and most of all, a growing movement of hospitality and hope.*

... An Oasis for Women

Calendar of Events Summer 2010

Open House

Friday, July 16, 3:00-6:00 p.m.

Never been to Catherine Place? Haven't been by in a while? Here's a chance for friends new and old to tour our century-old house, meet our staff and enjoy some food and fellowship.

WomenSpirit Circle

Tuesdays, 10:30-11:30 a.m. (No meetings in August)

Through ritual, inspirational readings, poetry, and music, women share insights about life and the sacred. Participants are invited into deeper reflection and a renewed sense of their own goodness. Facilitators: **Joyce Roach and Peg Murphy.**

Healing Touch

Tuesdays, 12:00-6:00 p.m. - 1st and 3rd Tuesdays, By Appointment

Healing Touch is a relaxing, nurturing energy therapy. It is safe for all ages and works in harmony with standard medical care. **Wanda Buckner, Ed.D, CHTP.** Offered by donation.

LovingKindness Meditation

Wednesdays, 6:30-8:00 p.m.

Each evening includes guided lovingkindness meditation and inspiration on cultivating love and compassion in spiritual practice and in daily life. This group is led by **Jude Rozhon** and offered by Dana donation.

Reiki Share Circle

Friday, July 9 and Friday, August 13, 6:00-8:00 p.m.

The Reiki Circle is an opportunity to learn about this method and to personally experience it. In the circle each participant will receive a short Reiki session and take part in working with others under the guidance of Reiki Master **Marcia Marszalek.** Offered by donation.

Sisters at Seven Women's AA

Thursdays, 7:00-8:00 p.m.

Women share their experiences, challenges, strength, and hope as, through the 12 Steps and 12 Traditions of Alcoholics Anonymous, they make choices for happier and more effective living.

CONFIDENTIAL SUPPORT & ADVOCACY

Catherine Place provides hospitality, companionship, advocacy and education for women who desire support in moving forward in their lives. We offer confidential support to individuals working through stresses and transitions associated with loss, unemployment, violence and other significant life events. Please contact us at cplace@catherineplace.org or 253-572-3547. We look forward to welcoming you!

Peg Murphy, Executive Director

Judy Mladineo, Program Director